

**BONNEVILLE COUNTY SHERIFF'S SEARCH & RESCUE  
RECOMMENDED INDIVIDUAL EQUIPMENT LIST**

**LEVEL 1 - LOCAL AREA SEARCH**

On person

Clothing adequate for climate \*  
Cap or other headgear \*  
Footwear, adequate for climate \*  
Watch \*  
Notepad \*  
Pencils/Pens \*  
Prescription medications  
SAR personal identification \*  
Sunglasses, 97% UV protection  
Area topo map

Survival / Trail Pack

Canteen or water bottle (1 liter)  
Knife, multi-purpose folding \*  
Sunscreen lotion \*  
Lip Balm, with sunscreen \*  
Compass, orienteering \*  
Candle, long burning \*  
Duct tape (5-10')\*  
Mirror - small \*  
Flagging tape \*  
Strobe  
Flashlight (Small)  
Energy snacks \*  
Space blanket or sleeping bag \*  
Quarters (2) (phone call) \*  
Whistle \*  
Butane Lighter  
Matches & container (8) \*  
Leaf bag - large \*  
Fire starter  
Insect repellent \*  
Tissue paper or baby wipes \*  
Extra radio battery  
Gloves, durable \*  
Bandanna, handkerchief \*

Field Pack (1800 cu. In. minimum) \*  
Canteens or water bottles (2 liters) \*  
Nylon twine or small rope (50 ft) \*  
Flashlight or lantern \*  
Flashlight (extra) \*  
Extra batteries and bulb for light \*  
Clothes bag, waterproof \*  
Clothing, extra set \*  
Socks, extra pair \*  
Rainwear, durable \*  
Measuring device (18" min) \*  
Metal cup or pot \*  
Prusik slings (2) (for 9-11mm rope) \*  
Scissors, multipurpose \*  
Shelter material (8' x 10' waterproof) \*  
Tracking stick (42" min) \*  
Webbing (15ft x 1") \*  
Wire (10 ft woven steel) \*  
Wire ties, plastic self-locking (8) \*  
Ziplock bags - various size (4) \*

Other recommended items

Cylumes  
Water pure tabs  
Strip or folding saw  
Extra radio battery  
Extra misc batteries  
Colored vest  
Orange signal panel  
Binoculars  
Altimeter  
Insect sting pads / ointment

**(\*) Indicates NASAR required.**

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**PERSONAL MEDICAL**

(In waterproof bag) \*

Gloves (BSI)  
Conforming Gauze or Kling \*  
Cotton swabs, non-sterile (2) \*  
Dressings  
Elastic band/TK  
Antacid tablets (4) \*  
Antiseptic ointment \*  
Antihistamine  
Antiseptic cleaning pads (4) \*  
Insect sting pads  
Band-aids-various sizes (6) \*  
Moleskin \*  
Acetaminophin or aspirin tablets (4) \*  
Razor blade, single edge \*  
Safety pins, large (2) \*  
Splinter forceps, tweezers \*  
Towelette \*

**LEVEL 1 RESCUE**

(~ Required to be on rock)

Helmet ~  
Leather gloves ~  
Waist harness ~  
Runner/safety loop ~  
Prusiks - personal use, 6mm (2) ~  
Locking carabiners (2) ~

**Other items for technical work**

Helmet light  
Safety glasses or goggles  
Chest harness  
Climbing shoes  
Pick-off strap  
Ascenders  
Ascending rig  
Equipment sling  
Figure 8 with ears (rescue 8)  
Additional locking carabiners  
Dynamic rope

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**LEVEL 2 - SURVIVAL (<24 HR)**

All Level 1 Equipment Plus

**Extended Survival Pack**

Water (+2 liters)  
Cylumes (+2)  
Additional meals (2)  
Additional snacks  
Bullion cubes  
Extra leaf bag  
Stove  
Fuel for stove  
Cooling pot  
Wind reflector  
Drink mix  
Shelter (bivy sack or tent)  
Sleeping bag  
Ensolite pad  
Cargo straps  
Rain cover for pack  
Spare batteries  
Saw  
Flagging tape (+2 rolls)

**LEVEL 2 - SUMMER**

Mountain Parka  
Day Hat  
Neck Cooler  
Additional insect repellent

**LEVEL 2 - COLD WEATHER**

Sunglasses w/side shields  
Heat packs  
Polypro underwear  
Parka  
Mitten shells  
Mitten inserts  
Spare gloves or inserts  
Headcover or winter cap  
Shell pants  
Gaiters  
Avalanche cards  
Magnifying glass  
Inclinometer  
Avalanche cord  
Avalanche shovel  
Probe poles  
Snowshoes  
Cross country skis

**Add to pack for extended ops**

Water (+1 L)[4 liters total]  
Extra batteries  
Additional Meals (2)  
Hot Drinks  
Extra Socks

## **BONNEVILLE COUNTY SHERIFF'S SEARCH & RESCUE SAR EQUIPMENT TIPS**

### **INDIVIDUAL EQUIPMENT MANAGEMENT**

*Items marked with (\*) are required for NASAR certification and constitute the minimum generally needed for extended backcountry operations. Other items are for consideration by the member for improved capability or comfort purposes.*

Items marked with (~) are required for operating on rock for rescue.  
Measure everything against 24 hour operation in wooded, hilly area during the current season.  
Pack dry items in waterproof bags.  
Pack with the soft items against back.  
Some items can be shared use: saw, stove, cooking utensils, etc.

### **SAR CLOTHING**

Beware of cotton next to skin during cooler temps. During summer, pack a polypro top.  
Use removable layers to keep body from becoming hot, wet, or cold.  
During summer, keep neck area cool with triangular bandage or cotton scarf.  
During cold weather, polypro or similar material should be next to skin.  
During cold weather, wool or poly/polar fleece are best insulators and should be second layer.  
Head and neck are temperature regulators. Cover or cool as necessary.  
Don't plan on bulky, heavy parka and snow pants if you are going to be walking.

### **NOURISHMENT**

Water is the most critical item you will generally carry.  
Food items will provide energy and warmth for the body. Critical during SARs.  
Carry snacks in pocket and eat periodically even if you are not hungry.  
Pick items that are high in carbohydrates and unrefined sugars.  
Keep carbohydrate and protein items in your pockets or on top of pack for breaks.  
Have the capability to create a hot drink during cooler months.  
Don't carry chocolate during the summer unless you can keep it from melting.  
Hard candy can provide a steady dose of small amounts of sugar.  
Chewing gum keeps your mind off of thirst.